

October

Cape Christian School

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
1.	2. Nacho's/Meat Salsa/Sour Cream Green Beans Fruit Milk	3. Biscuits & Gravy Sausage Scrambled Eggs Tator Tots Milk	4. Corn Dog Mac-N-Cheese Fries Fruit Milk	5. Papa Murphy's Cheese Pizza Salad Chocolate Pudding Milk	6. 11:45 Dismissal NO LUNCH	7.
8.	9. Chicken Taco Chips & Cheese Dip Corn Milk	10. Pancakes Sausage Tator Tots Fruit Milk	11. Hot Dog/Bun Fries Broccoli w/ Cheese Fruit Milk	12. Chicken Nuggets Shells and Cheese Green Beans Fruit Milk	13. Manicotti Alla Pasta Salad Toasted Butter Bread Fruit / Milk	14.
15.	16. Chicken Strips Potato Chips Carrots/Ranch Fruit /Milk	17. Corn Dog Green Beans Fruit Jello / Milk	18. Biscuits & Gravy Sausage Tator Tots Fruit / Milk	19. Hot Ham/Cheese Fries Carrots/Ranch Fruit / Milk	20. NO SCHOOL	21.
22.	23. NO SCHOOL	24. Cheeseburger Chips Broccoli Fruit / Milk	25. Pancakes Sausage Tator Tots Fruit / Milk	26. Chicken Nuggets Mac-n-Cheese Green Beans Fruit / Milk	27. Papa Murphy's Cheese Pizza Salad Vanilla Pudding /Milk	28.
29.	30. Nachos/Meat Salsa/Sour Cream Corn Fruit / Milk	31. Manicotti Alla Pasta Salad Garlic Bread / Milk				